

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
07.30	Wake up / Breakfast	Wake up / Breakfast	Wake up / Breakfast	Wake up / Breakfast	Wake up / Breakfast	Wake up / Breakfast	Wake up / Breakfast
08.45	Student meeting	Student meeting	Student meeting	Student meeting	Student meeting	Student meeting	Student meeting
09.00	<b>English Skills 1</b> Break	<b>English Skills 1</b> Break	<b>English Skills 1</b> Break	<b>English Skills 1</b> Break	<b>English Skills 1</b> Break	<b>Excursion</b> A full day excursion to London offering a choice of sightseeing which may include walking, a bus tour or a river cruise OR a visit to a cultural or historical attraction such as Madame Tussauds, the London Dungeons and the Natural History Museum	<b>Excursion</b> A full day excursion that is more relaxing and will enable students to enjoy themselves, such as Leeds Castle, Thorpe Park and Portsmouth Gunwharf Quays and Historic Dockyard
10.15	<b>English Skills 2</b>	<b>English Skills 2</b>	<b>English Skills 2</b>	<b>English Skills 2</b>	<b>English Skills 2</b>		
11.15	Break + Morning Snack						
11.30	<b>Conditioning / Pilates</b>	<b>Conditioning / Pilates</b>	<b>Half-day Excursion</b> An afternoon trip to a local attraction such as Arundel Castle, Brighton i360 and Eastbourne Pier with some shopping time for students	<b>Conditioning / Pilates</b>	<b>Conditioning / Pilates</b>		
12.30	Lunch	Lunch		Lunch	Lunch		
13.30	<b>Classical Ballet</b>	<b>Classical Ballet</b>		<b>Classical Ballet</b>	<b>Classical Ballet</b>		
15.00	Break / Student meeting	Break / Student meeting		Break / Student meeting	Break / Student meeting		
15.30	<b>Contemporary / Choreography</b>	<b>Contemporary / Choreography</b>		<b>Contemporary / Choreography</b>	<b>Contemporary / Choreography</b>		
17.00	<b>Free Time</b>	<b>Free Time</b>		<b>Free Time</b>	<b>Free Time</b>		
18.00	Dinner	Dinner		Dinner	Dinner		Dinner
19.00	Student meeting	Student meeting	Dinner	Student meeting	Student meeting	Dinner	Student meeting
19.15	<b>Social Events</b>	<b>Social Events</b>	20.00 <b>Social Events</b>	<b>Social Events</b>	<b>Social Events</b>	20.00 <b>Social Events</b>	<b>Social Events</b>
21.30	Free Time / House Meeting + Evening Snack						
22.30	Bedtime						